

CRAFT KIT



Needlepoint Art Craft Kit #25 Instructions

Step 1: Choose a color of yarn and thread your needle. It may help to sketch out your pattern on paper before you begin, but this is optional.

Step 2: Begin your design in the center of your plastic canvas. Poke the needle up from the back of the canvas and pull the yarn almost all

the way through. Use your finger to hold the tail end of the yarn against the back of the canvas.

Step 3: With the front side up, poke the needle into the hole that is one space away in a diagonal to the left from your starting point. Pull your yarn all the way through, still holding on to the tail end with your finger.

Step 4: With the back side up, poke the needle through the canvas one hole to the left of your starting point. This time, as you pull the yarn through, make sure to catch the tail end of your yarn beneath the loop.

With the front side up, poke the needle into the canvas in a diagonal again.

Step 5: Continue in this pattern, making sure to catch the tail end beneath the loops you create on the back side of the canvas until the tail is covered with stitches.

Step 6: Keep sewing in your pattern, working in diagonals across the canvas.

Step 7: When you finish with a strand, leave enough slack so you can run the needle beneath the stitches on the back to lock the end of the yarn in place. Use scissors to cut off any extra after you lock down the yarn.

Step 8: Continue sewing to finish your pattern. If desired, cut the canvas around your canvas to create a shape.

Step 9: Enjoy your needlepoint art!

For more information about the exhibition and step-by-step instructions, visit:

www.108contemporary.org/resources

Use the hash tag #108CraftKits when sharing your artwork on social media!



Jane Dunnewold, *Snowball Quilt*



Mary Fisher, *Dreamscape*

Shared Reflections: Jane Dunnewold & Mary Fisher

February 1 – March 24, 2019

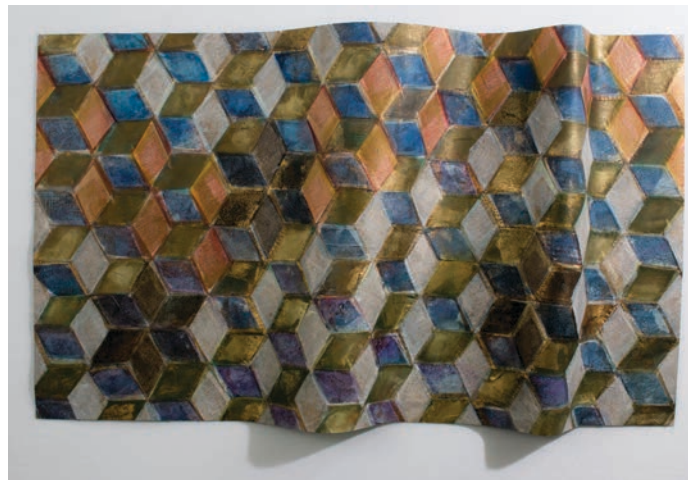
Craft Kit #25:
Needlepoint Art

About the Exhibition

Textiles serve as the language for communicating personal stories in this moving exhibition featuring nationally recognized artists Jane Dunnewold and Mary Fisher. Dunnewold uses repurposed quilts and salvaged clothing to recount the lives and practices of past artisans. Fisher has taken lessons learned from life with AIDS and cancer and has translated these experiences into a lifetime career in advocacy that directly informs her artistic practice. This exhibition celebrates the synergy generated when two people share values, opinions, and aesthetics. Dunnewold's and Fisher's works converse silently in a dialogue that transcends words, borne by their profound respect and admiration for each other.



Mary Fisher, *He Spoke
Truth to Power*



Jane Dunnewold, *Black Star*

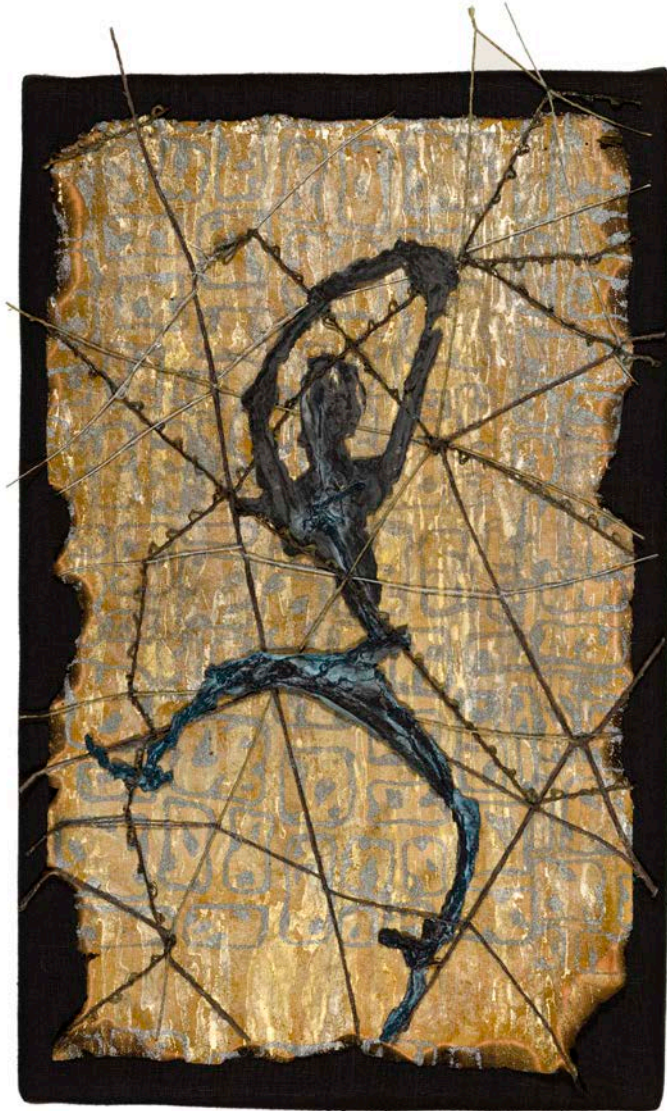
Jane Dunnewold

Jane Dunnewold teaches and lectures internationally, and has mounted numerous solo exhibitions, including *Inspired by the Masters* (Texas Quilt Museum (2018)–also slated for exhibition at the National Quilt Museum in 2020. Her work won Best of Show in the exhibition *Timeless Meditations* (Tubac Art Center/2013). She is a recipient of the Quilt Japan Prize and Gold Prize at the Taegue (Korea) International Textile Exhibition.



Jane Dunnewold, *Transitioning*

Mary Fisher



Mary Fisher, *Lifeline*

Mary Fisher's courageous speeches and books resulted in public recognition as one of America's premier AIDS activists. More quietly, Mary has been establishing her place as a distinguished artist working in diverse media including photography, sculpture, prints, beading and fiber art. She's known for combining and juxtaposing materials in groundbreaking mixed-media works, earning special acclaim for this approach to her work.

Drawing inspiration from her activism, Mary's art is infused with texture and layers – evoking the beauty of life both visually and spiritually.

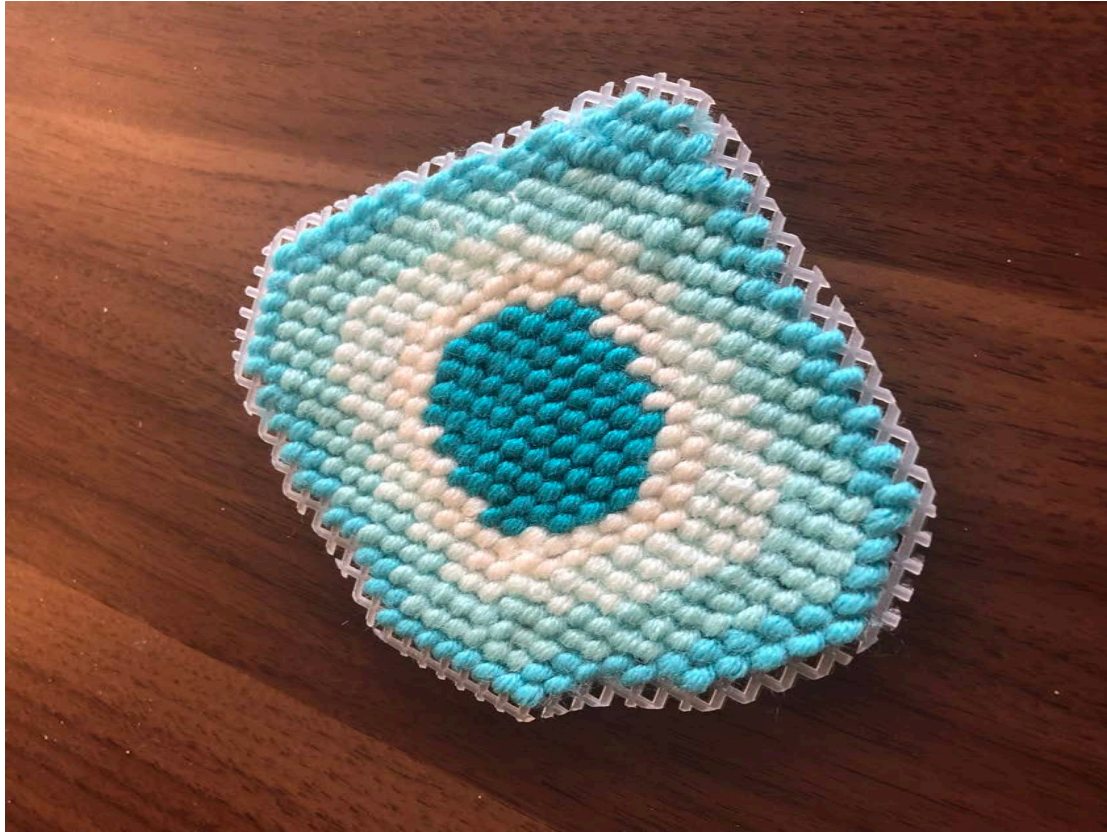
Fiber Art



Mary Fisher, *Mama*

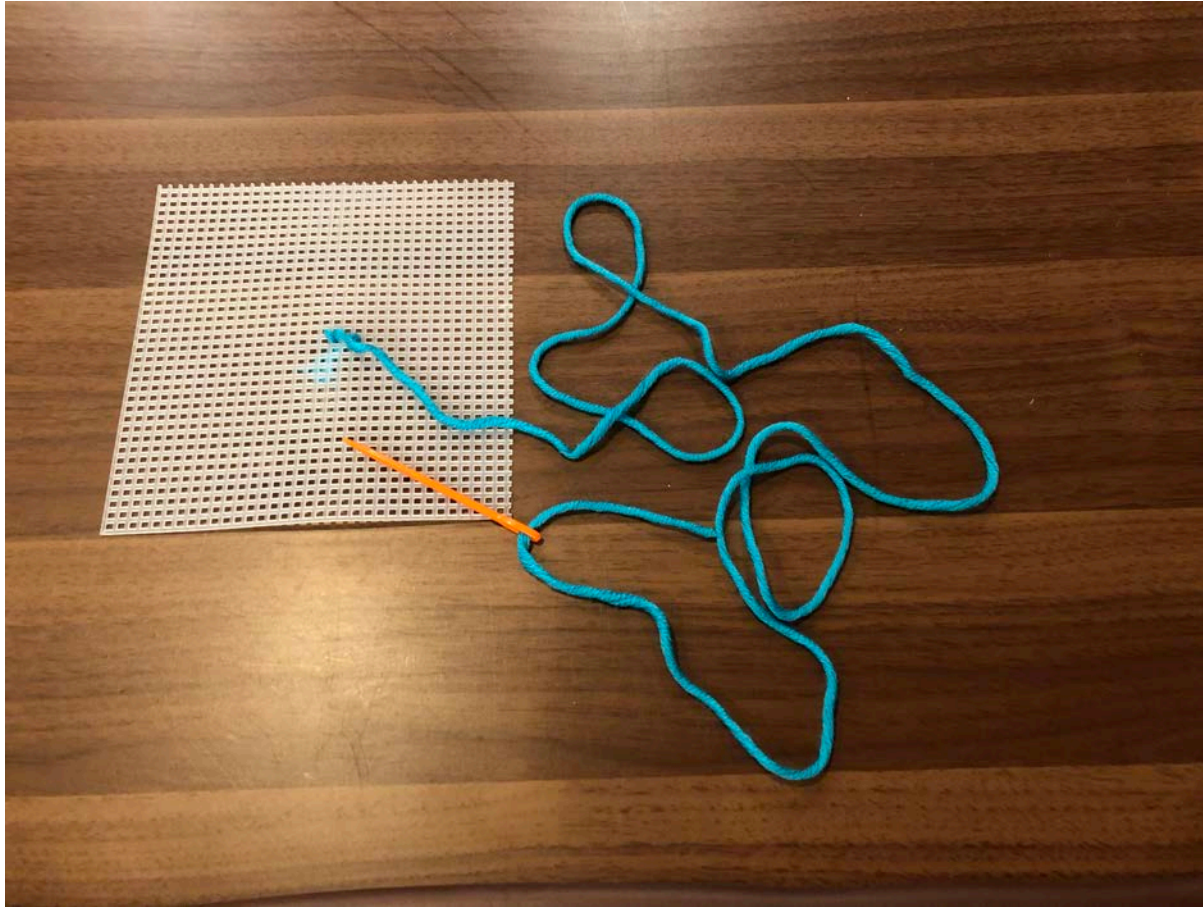
Fiber art is crafted with fabrics, yarns, threads, and other natural or synthetic fibers. Fiber artists pour creativity and craft into each piece of new material, typically prizing artistry and aesthetic qualities over utility. Examples of fiber art include weaving, quilting, sewing, needlepoint, embroidery, knitting, and crochet. Fiber artists may even spin their own yarn and use dyes to create specific colors.

Craft Kit #25: Needlepoint Art



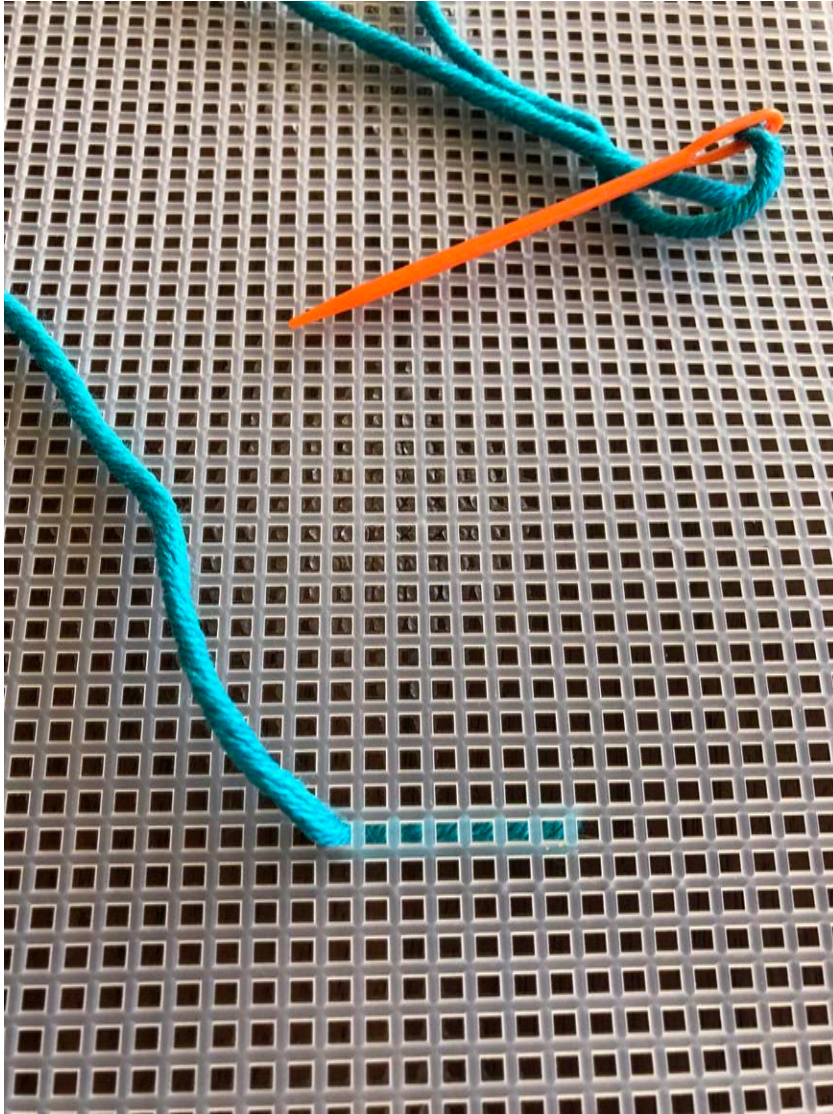
Fiber artists use techniques such as needlepoint to create new works of art. You can learn to do needlepoint by using an embroidery needle, yarn, and a piece of plastic canvas.

Step 1:



- Choose a color of yarn and thread your needle. It may help to sketch out your pattern on paper before you begin, but this is optional.

Step 2:



- Begin your design in the center of your plastic canvas. Poke the needle up from the back of the canvas and pull the yarn almost all the way through. Use your finger to hold the tail end of the yarn against the back of the canvas.

front

Step 3:

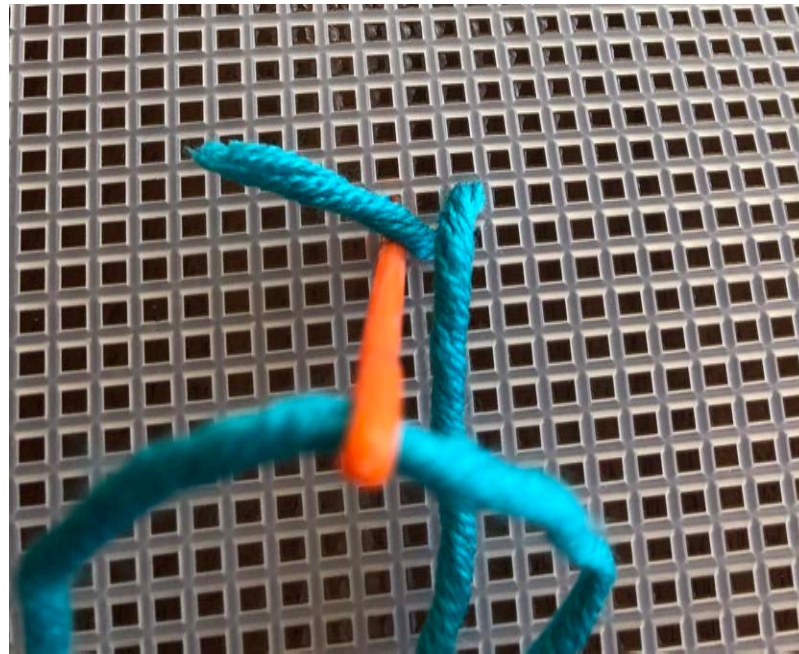
- With the front side up, poke the needle into the hole that is one space away in a diagonal to the left from your starting point. Pull your yarn all the way through, still holding on to the tail end with your finger.



front

Step 4:

- With the back side up, poke the needle through the canvas one hole to the left of your starting point. This time, as you pull the yarn through, make sure to catch the tail end of your yarn beneath the loop.
- With the front side up, poke the needle into the canvas in a diagonal again.



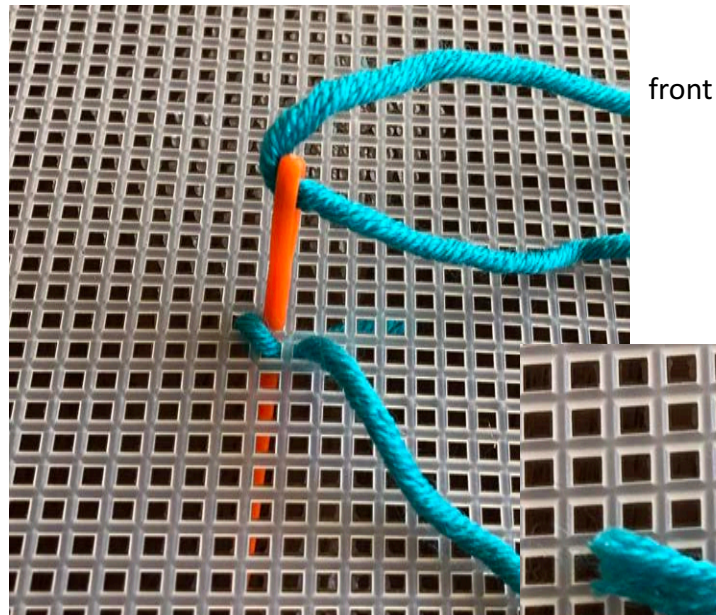
back



back

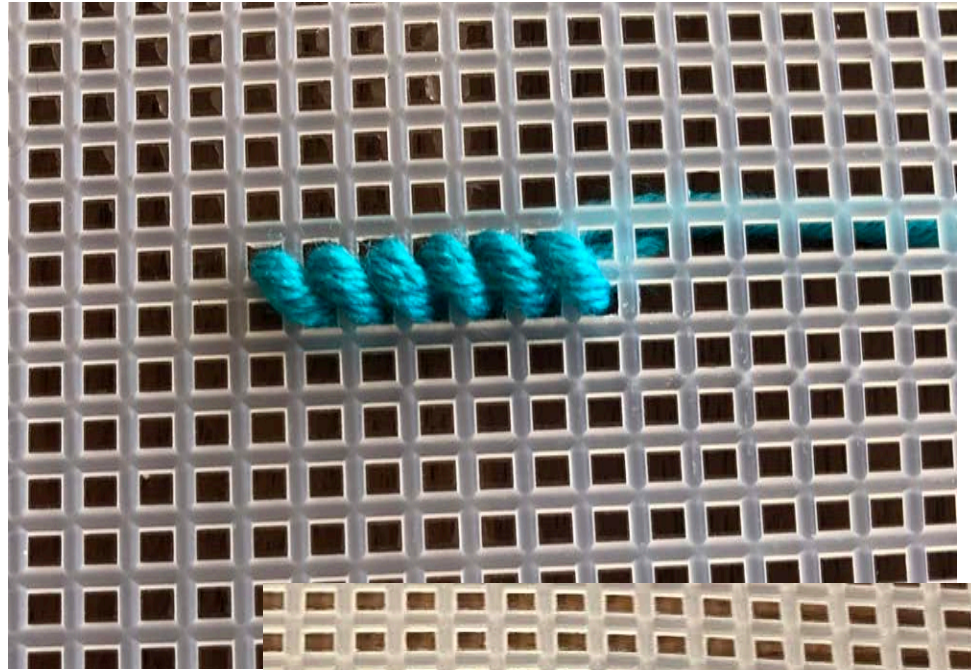
Step 5:

- Continue in this pattern, making sure to catch the tail end beneath the loops you create on the back side of the canvas until the tail is covered with stitches.

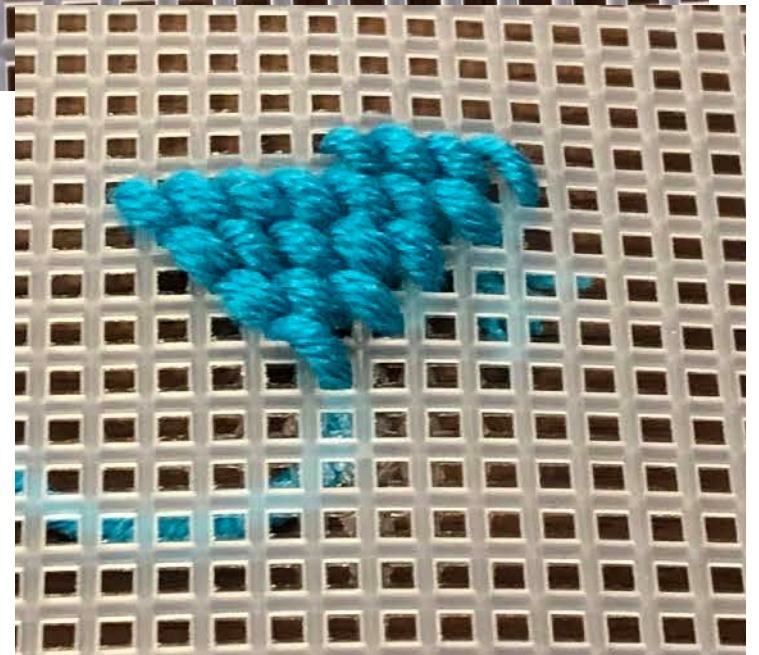


Step 6:

- Keep sewing in your pattern, working in diagonals across the canvas.



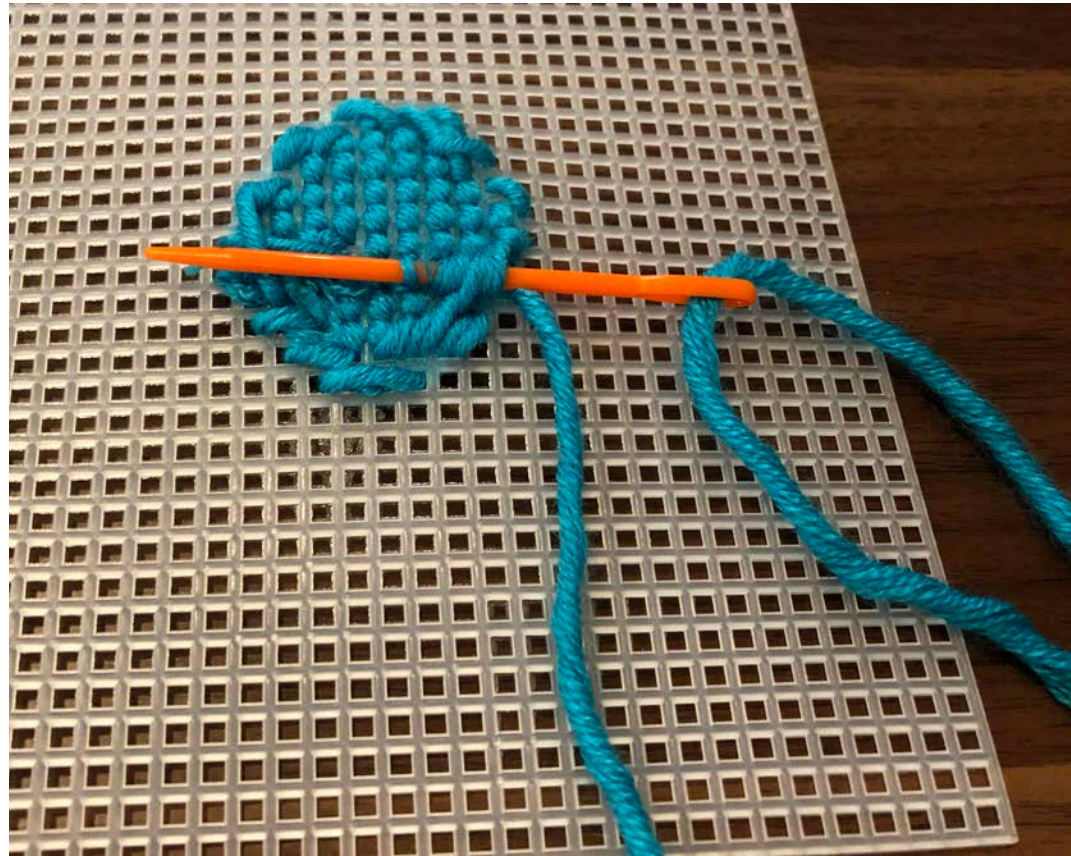
front



front

Step 7:

- When you finish with a strand, leave enough slack so you can run the needle beneath the stitches on the back to lock the end of the yarn in place. Use scissors to cut off any extra after you lock down the yarn.



back

Step 8:

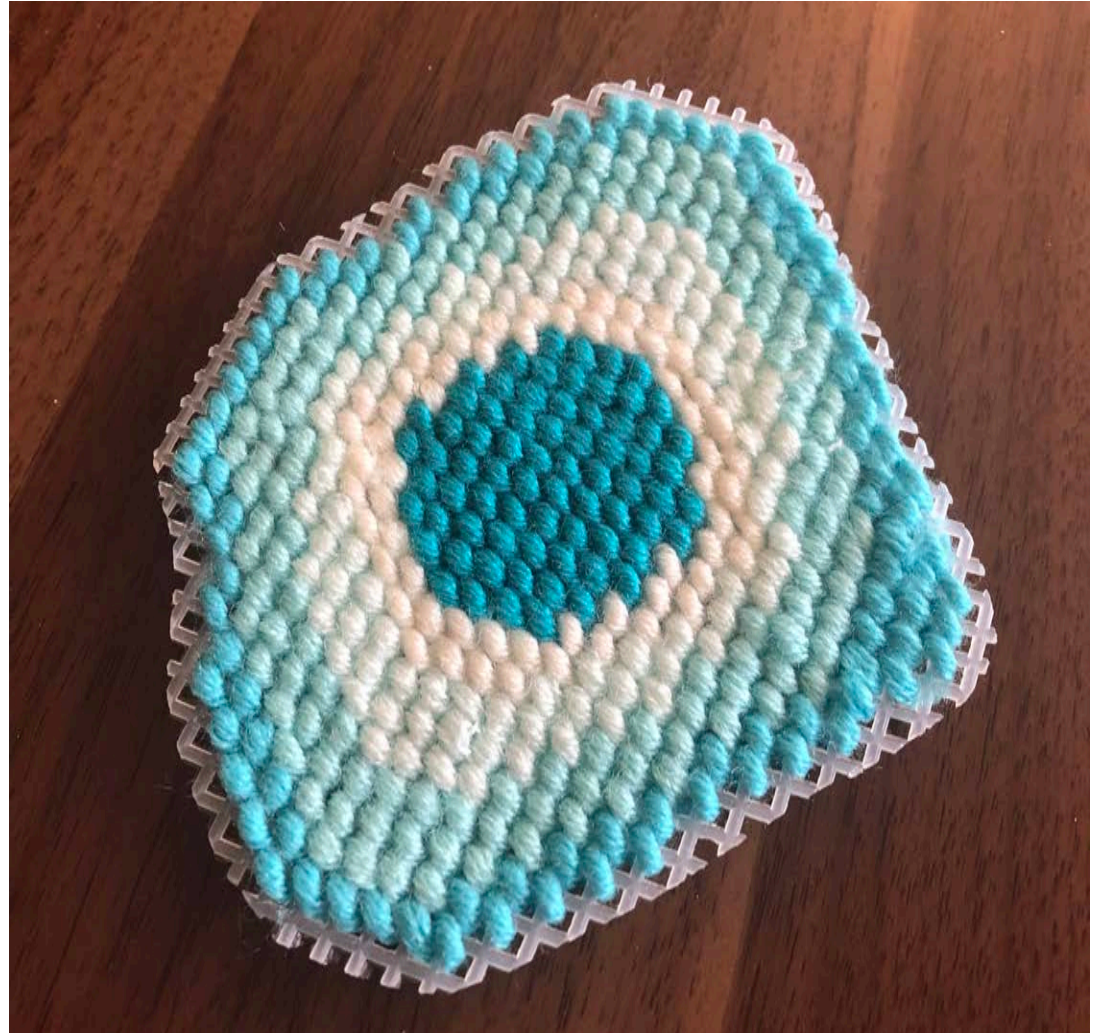
- Continue sewing to finish your pattern. If desired, cut the canvas around your canvas to create a shape.



back

Step 9:

- Enjoy your needlepoint art!



front

Additional Resources

- Jane Dunnewold's Website
(<https://janedunnewold.com>)
- Mary Fisher's Website
(<http://www.maryfisher.com/index.html>)
- Wisconsin Museum of Quilts and Fiber Arts
(<https://www.wiquiltmuseum.com/>)
- National Museum of Women in the Arts – High Fiber Exhibit
(<https://nmwa.org/exhibitions/high-fiber>)
- Visit 108|Contemporary for more information on the exhibit and events!
(<http://108contemporary.org/>)